

# EUROPEAN ASSOCIATION FOR CRANIO-MAXILLO-FACIAL SURGERY



## NEWSLETTER – JANUARY 2010

### Letter from the President Professor Maurice Mommaerts



Dear EACMFS Members,

We recognize, despite the UN Copenhagen Climate Conference failure, that Western society has turned "green", green and digital. Paper money and paper mail are decreasingly used. Web browsers and e-mail open a virtual window to the world, a window often larger than we would wish. The speed of communication has increased, but not always to our comfort! I have myself 6 A4 pages of log-ins and passwords, which I am supposed to know by heart. My 3 e-mail boxes are constantly full of waiting messages whereas in the 'good old days', like most people, I had two mailboxes, one for work and one for home, with an average of twenty letters arriving. Not much we can do about that! However, e-mailing is less expensive than posting a letter and hence can obviate the costs related to envelopes and stamps and reduce the CO<sub>2</sub> exhaust. But alas, when preparing the e-mail blast for the forthcoming Congress, we were obstructed by the Protection of Privacy Act, prohibiting the exchange of e-mail lists of many countries. Strange indeed that the list with postal addresses is more easily available (to send paper letters), than the "green list"! Actually, a Freedom of Data Act would serve the Association better!

Anyway, we are very grateful to all Councillors who provided the e-mail addresses of the members of their national societies as well as those who have kindly offered to forward our Congress messages to the secretariat of their national society for further distribution. We have currently 4900 Maxillo-Facial surgeons in our Congress database with approximately 4500 e-mail addresses. The e-mail rejection rate has considerably reduced lately with only 80 delivery failures received from the Christmas message sent to approximately 1424 EACMFS members. It is useful to establish that e-mail communication is becoming increasingly reliable.

At this time of year it is helpful to look back at the past few months and propose a plan of action for the coming year. Following the Executive Board meeting in October in London important steps have been made with regard to rebranding and website delivery. We will certainly keep you updated about these and other developments.

The 2009 policy of EACMFS to be present with a booth at national meetings has provided the ideal opportunity for an extremely successful recruitment drive. Mrs. McFarland represented EACMFS in Shanghai (International Conference on Oral and Maxillofacial Surgery), Vienna (Deutsche Gesellschaft für Mund-, Kiefer- und Gesichtschirurgie), Turin (Società Italiana de Chirugia Maxillo-Facciale), Nancy (Société Française de Stomatologie et Chirurgie Maxillo-Faciale), Swansea (Senior Registrars Conference), Oxford (International Society of Craniofacial Surgery), Denmark (Foreningen af Specialtandlæger i Tand-Mund-og Kæbekirurgi), Ferrara (New Perspectives in Surgical and Functional Treatment of TMJ Disorders), Brussels-La Hulpe (Koninklijke Belgische Vereniging voor Stomatologie en Maxillo-Faciale Heelkunde), and Thessaloniki (Hellenic Association for Oral and Maxillofacial Surgery). Her enthusiasm resulted in 109 new applications in hand and reinstatement of 7 lapsed members. This represents a significant increase in new members as compared with 2008. Additionally some new applications have come direct to the Secretariat possibly as a result of EACMFS presence in the aforementioned locations. I would like to appeal to our Councillors to arrange for an invitation to EACMFS to their national meetings during 2010/2011.

Also in 2009, the Fellowships in Cleft Surgery, Facial Cosmetic Surgery and Surgical Head & Neck Oncology were launched. There is certainly a demand from our trainees, but the Executive Committee is concerned about the practicalities involved. Unfortunately few centres have opened their doors, which may be as a result of uncertainties regarding payment and cross-border legal execution of medicine. Each and every country and hospital have their ways to remunerate and we would very much appreciate feedback from the first fellowship directors and first fellows on the handling of

these issues. I like to stress that in case of limited caseloads, neighbouring centres may unite which would enable a Fellow to rotate. For all three, cosmetic, clefts and oncology, this may well be an asset to the Fellow and thereby allow smaller centres to join the project. Specifically facial cosmetic surgery is in need for Fellowship Directors, as there is big demand from the trainees and only 2 centres listed.

In 2010 the Association celebrates its 40th birthday, its 20th Congress and the founder, Professor Hugo Obwegeser his 90th birthday. I am therefore happy to announce that the Bruges Congress will be in honour of the Founder himself.

The Association will blossom and bear fruit only if it is continuously nourished by our ideas and increasing involvement. Involvement and persistence are the keys to success. The Executive Committee and I are fully committed to this cause.

For the New Year, please allow me to wish you and your family good health and happiness. Let me express my heartfelt gratitude for allowing me to serve as President of this Association.

**Prof. Maurice Mommaerts, FEBOMFS**

### Letter from Acting Secretary General Dr Henri Thuau

Dear EACMFS members, Friends and Colleagues,

Welcome to our latest Newsletter!

The Executive Committee and I would like to thank you for your constant support of our Association. We are determined to advance and provide the best possible education and training advice for our Specialty, as inspired by our late Secretary General Prof. John Lowry, who has represented for so many years the spirit of our Association.

**The Executive Committee and Council** met under the Presidency of Professor Maurice Mommaerts in London on the 17th October 2009. Important decisions were taken, among others the launch of our Post-Specialist Fellowships. This is a new development in EACMFS educational opportunities which we hope will contribute to set up high standards in Head & Neck, Cleft and Facial Cosmetic Surgery in Europe.

We are working in close collaboration with our Colleagues from the **UEMS Section of Oro-Maxillo-Facial Surgery & Stomatology** and also the **EBOMFS** which administers the European Board Examination. We are proud of this team work which has only one aim: the development of our Specialty.

EACMFS provides a comprehensive **educational programme** to assist colleagues preparing for the EBOMFS. This qualification is designed for candidates who have been registered specialists for a minimum of three years. The examination is held every two years immediately before the opening of the European Congresses for Cranio-Maxillo-Facial Surgery. The next sitting will be held in September 2010 in Bruges. For further information please visit [http://www.ebomfs.net/eng\\_announcement.php](http://www.ebomfs.net/eng_announcement.php)

The **EACMFS White Book**, which sets down the individual national requirements for education & training for the practice of the specialty was born in 1993 and has since been yearly updated. Dr N Kalavrezos is now in charge of this process and we thank all EACMFS Councilors for their constant and essential input.

May I remind you that the Association offers a wide range of scholarships and awards which you will find in each publication of our Journal as well as on our website [www.Eurofaces.com](http://www.Eurofaces.com). The **Endowment Committee** will oversee all applications and has the responsibility to ensure fair distribution of scholarships. I encourage you to take advantage of these offered opportunities.

During the past year, EACMFS has been present in numerous national scientific events. I would like to thank once again the organisers for their warm hospitality, and Mrs Jill McFarland for her tireless work! Our Association must expand further in terms of membership in order to represent as comprehensively as possible the Cranio-Maxillo-Facial community. We count on you to spread the word and encourage your colleagues to join EACMFS!

I would like to remind you to **inform the Secretariat of any change** of address or professional status to ensure that we do not lose contact with you! The Secretariat is always keen to hear from you and to assist in any way either by telephone: +44 1730 810951, by fax: +44 1730 812042 or e-mail: [secretariat@eacmfs.org](mailto:secretariat@eacmfs.org)

With best wishes,

**Henri Thuau**

## Message from Trainee Representative to Council, Dr Ann Garrahy

Dear Trainees,

Your assistance in maintaining a valid list of trainee members would be gratefully received. As the Association is so generous in its support of its trainee members it is important that we have an accurate profile of those members. It has recently been discovered that the current list of trainee members in at least one member country contains a significant number of surgeons no longer in training, surgeons who have already been appointed to senior posts.

I would be thankful if you would examine the trainee member list for your own country and inform Jill McFarland at the Secretariat if any of the trainee members listed have graduated from their training programmes.

With trainee members graduating annually it is imperative that we continue to encourage new trainee members to join the Association. It would be very useful if you would share any measures you have taken to increase membership of the Association among your national trainee body.

**Ann Garrahy**

## Education and Training Officer Report – Prof Julio Acero

First of all I would like to express my recognition to all EACMFS members engaged in so many exciting educational reports for their tremendous work and support. Key points of our activity during the last months have been:

### **Rolling Programme and Scientifically Sponsored Courses:**

Different courses have been added to the EACMFS Rolling Programme, covering all fields of the specialty. Reminder emails are being sent covering the educational information which appears to be highly appreciated by our members. The Executive Committee considers the participation of our Association in multidisciplinary conferences covering our field to be of high importance. According to this, we arranged the official participation of the EACMFS in the Congress of Oral Oncology celebrated by the IAO in Toronto (Canada) in July 2009.

### **Trainee Group and EACMFS Prizes and Awards:**

We have had continuous email contacts with

the trainee group providing information on EACMFS educational activities and encouraging them to participate in our courses. The Trainee Session has become a tradition and will be organised again during the Bruges Congress. EACMFS offers a selection of scholarships and prizes to facilitate educational exchange for trainees and young specialists.

We thank our sponsors, Biomet 3i, Biomet Microfixation, Friadent, Martin, Osteoplac and Styrker for supporting so many awards. A very special thank you also to Prof Helene Matras for her support to our trainees in the East European countries.

**Julio Acero**

## PRIZES AND AWARDS

### • **Leibinger Prize**

Award of the Leibinger Prize is designed to support a period of targeted education & training away from the host programme of the successful candidate. There are two prizes of 5000 and 2500 Euros respectively awarded every two years. The awards are restricted to Trainee Members of EACMFS (and those who have successfully completed training as specialists within three years of the date of application) and are made on the recommendation of the Endowment Committee ratified by the Executive Committee and reported to the Council.

### • **BIOMET 3i Grant for Implantology**

A 4 Day Implant Dentistry Training Program Course at New York University will be made to available to any member to foster the education of oral & maxillofacial surgeons in the use and enhanced applications of osseointegrated implants. Trainee candidates for the award should be in the final year of their programme and should have completed training by the time of taking up the grant.

### • **Hugo Obwegeser Travelling Scholarships**

These scholarships made on the recommendation of the Endowment Committee are designed to encourage Trainee Members of EACMFS (and those who have successfully completed training as specialists within three years of the date of application) to travel to other countries to enhance their education and training.

### • **Rosalind Dancygier Travelling Fellowship (UCLH)**

This scholarship award of 1500 designed to support a period of fellowship head & neck oncology training at the Maxillofacial Surgical Unit of University College London Hospital (UCLH) is available to Trainee Members of EACMFS and those who have successfully completed training as specialists within three years of the date of application.

- **The Helene Matras Scholarship**

In a further endeavour to promote educational exchange a Prize will be awarded to the participant who at the conclusion of each course of the Educational Programmes in Poland, Romania and Skopje is judged by the teaching faculty to have performed to the highest level in the final assessment. To be eligible for the award candidates should be Trainee Members of EACMFS (or specialists within 3 years of successfully completing training) and have attended each session of the course for which the Scholarship is to be awarded.

- **EACMFS Congress Scholarship**

These scholarships made on a competitive basis on the recommendation of the Endowment Committee are designed to support Trainee Members of EACMFS (and those who have successfully completed training as specialists within three years of the date of application) in their participation (Trainee Registration Fee level exclusively) in the biennial Congress of the Association. Future Congresses will be held in Bruges in Belgium 14-18 September 2010, Croatia 10-15 September 2012. Candidates should have submitted an abstract for the presentation of a paper or poster in the main scientific programme and a copy of this is required with the application. The deadline for the applications will be on the 1st June preceding the Congress.

- **Education Grants**

A grant of 150 per year is available to each Trainee Member to support attendance at the Rolling Programme of Education. Details of application will be available at each course.

### **Richard Graham – Hugo Obwegeser Award Winner**

I have been very fortunate to receive the Hugo Obwegeser Travelling scholarship award from the EACMFS on 3 occasions and I would like to take this opportunity to thank them for their support and financial assistance which made the following visits / fellowships possible:

2006: I travelled to the USA and spent 3.5 weeks with Mr. Ian Jackson a world-renowned craniofacial surgeon, based in Southfield near Detroit. During this time I observed and assisted with a wide range of craniofacial and aesthetic procedures and conditions, both in the out patient clinic and theatre. For example, I saw cases of Apert syndrome, cystic hygroma, arteriovenous malformations, posttraumatic corrections and rhinoplasties and much more. In addition, I was able to travel to various places in the USA and Canada.

2007: I travelled to India with a team to do cleft surgery. We spent 10 days at the Irinjalakuda Cooperative Hospital, near Cochin in Kerala state, and performed a wide variety of cleft and nasal surgery on a total of 65 cases, consisting of both paediatric and adult patients. This was a hugely valuable and intense experience that prepared me well for the cleft part of my exit examination in OMFS. In addition to seeing primary cleft lip and palate surgery I was also able to assist with secondary and revisional procedures with several different cleft surgeons. In addition, I was able to travel to and visit other parts of the country and sample its culture.

2008: I travelled to Amsterdam in the Netherlands and spent 1 week with Professor Bram Tuinzing and his colleagues, to specifically study and learn his methods of assessing, planning and performing orthognathic procedures. This has been invaluable in terms of learning a usable and repeatable format for assessing and planning such patients. I was also able to visit hospitals in adjacent areas and observe / assist with other orthognathic surgeons.

All of these fellowships have been of enormous benefit to me professionally and personally and exposed me to many different ways of working, assessing and treating patients; also they have exposed me to North American, Asian and European culture. Lastly, I was fortunate enough to generate several reports, publications and presentations from these fellowships.

Therefore, the Hugo Obwegeser Travelling Scholarship will allow you to develop your clinical skills, widen your travel and social experience, meet many interesting people and provide the material for academic work, so I wholeheartedly recommend it and encourage any trainee in OMFS to apply.

*Yours sincerely,*

**Richard M. Graham FDSRCS,  
MRCS, FRCS(OMFS)  
Final Year SpR OMFS,  
North Western Deanery**

### **Nikolay Yanev – Helen Matras Award Winner**

Above all in my program for the professional development in 2008 I wanted to attend (for a first time) the biannual EACMFS Congress in Bologna. It was such a wonderful experience that even lots and lots of words will not be enough.

Very fruitful was also the Trainees meeting at the beginning of it with such a premium level trauma presentations. For the Congress registration fee I used one third of the award – 300 Euros.

With the other 2/3 I wanted very much to visit a Maxillofacial or Head and Neck clinic with high achievements especially in the Oncology and Microvascular reconstruction field. So I chose the Maxillofacial and Plastic Surgery department of the Hamburg University Hospital. However, unfortunately, this did not come to fruition.

Wishing not to defer indefinitely this opportunity I started to think and search for another option. After a period of time, while watching at the EACMFS Educational Program, I saw (probably at the final possible minute) the announcement for the 1-st AO Interdisciplinary Course for Skull Base Surgery in Vienna, which is a topic in our clinic that we want to develop at a high level (especially for the oncology cases). So with the permission of my bosses and mainly with the support of Prof. Matras and EACMFS I decided to attend.

It was a three days intense hands-on course held between 30.September and 02.October with lectures and presentations in the morning and practical exercises in the afternoon which were all perfectly organized.

The main presenters were the Heads of the MFS, Neurosurgery, ENT departments of the University Hospital in Vienna - Prof R Ewers, Prof C Matula, Prof W Gstottner and also colleagues from the Anaesthesiology, Visual Diagnostics and other departments joined also by a lot of colleagues from Germany, Italy and even USA.

The manner of collaboration between the different units in this interdisciplinary field really impressed me very much and I returned to Bulgaria with many new ideas which still become a topic of discussion in our clinic.

***Nikolay Yanev, Sofia, Bulgaria***

## **EDUCATION PROGRAMME FEBRUARY–SEPTEMBER 2010**

### **Romanian International Programme**

16-17 April - Constanta, Romania  
Third Phase, Third Course  
dan\_vlad@univ-ovidius.ro

## **Rolling Programme**

17- 19 February - Bonn, Germany  
13th International Course for TMJ Surgery mkg@uni-bonn.de

25-27 February – Interlaken, Switzerland  
3rd International Orthognathic Surgery Forum  
Johannes.kleinheinz@ukmuenster.de

15 March – Liverpool, UK  
Microvascular Course Leanne.Harold@aintree.nhs.uk

17-26 March – Bochum, Germany  
27th International Course for Microsurgery & Flap Raising Hoelzle@mkg.med.tum.de

13-15 May – Vienna, Austria  
2nd International Symposium on Orthognathic Surgery  
reischl.sylvia@synthes.com

28 June – 2 July – Bruges, Belgium  
8th Lobster Course - Orthofacial & Osteodistraction  
wendy.cortier@azbrugge.be

1-3 July – Graz, Austria  
Microsurgical Reconstruction in Cranio-Maxillo-Facial Surgery evelyn.hauser@klinikum-graz.at

## **Scientifically Sponsored**

25-27 February – Ciudad Real, Spain  
III Symposium on Preprosthetic Surgery & Advanced Implantology congresos@grupoaulamedica.com

26-27 February – Hannover, Germany  
Controversies in Orthognathic Surgery & Craniofacial Deformities aoe@aofoundation.org

4-6 March – Athens, Greece  
4th European Conference on Head & Neck Oncology  
www.ehns2010-athens.com

5 March – Winterthur, Switzerland  
TMJ Course – live surgery  
baltensperger@kiefergesichtschirurgie.ch

13-14 March – Vienna, Austria  
Keep It Simple, Hands-on Human Cadaver Course  
www.human-cadaver-courses.com

19-20 March – Barcelona, Spain  
14th Dentsply Friadent World Symposium  
www.dentsply-friadent.com

25-27 March – Eindhoven, The Netherlands  
3rd International Symposium & Workshops on 3D  
Virtual Diagnosis & Treatment Planning of Cranio-  
Maxillo-Facial Deformity  
info@ireenrientjes.nl

10-11 May – London, UK  
Emergency Skills in Oral & Maxillofacial Surgery  
www.rcseng.ac.uk/education/courses

7-8 June – London, UK  
Basic Surgical Anatomy of the Head & Neck  
rcs.eng.ac.uk/education/courses

## General Announcements

11 March – Cartagena, Colombia  
XXXIII ACCOMF Annual Meeting  
info@accomf.org

14-17 April – Paris, France  
Course on Surgical Technique in Maxillo-Facial  
surgery – 4 modules  
mortara@dynamiccommunications.it

6-7 May – Minsk, Russia  
Conference of the Belarussian Association for  
Oral & Cranio-Maxillofacial Surgeons  
lp-c@yandex.ru

2-4 June – Pamplona, Spain  
13th Spanish Oral & Maxillofacial Congress  
www.facial-plastic-surgery.eu

## REPORT OF ACTIVITIES IN EASTERN EUROPEAN

The fifth and final course at the Skopje EACMFS Educational Center took place from 20-21 November 2009. This time, the topic was "AESTHETIC FACIAL SURGERY" and the distinguished lecturers from the UK made it possible for the audience to have a couple of days filled with interesting and informative lectures, as well as an opportunity to exchange ideas and experiences with some of the masters of the specialty. We had an audience of 100 plus visitors, mainly from Macedonia, but also from Serbia, Bulgaria, Albania, Kosovo. At the



**Dr Ilankovan lecturing on face lift methods in Skopje**



**Professor L Clauser and Professor V Popovski with members of the local Organising Committee, Skopje May 2009**

end of the course, testing for the Helena Matras Scholarship was conducted. Besides the formal part of the course, a well organized and rich social agenda, hopefully made it possible for everyone to have pleasant memories from Macedonia and the Skopje EACMFS Educational Center.

## Course Report - Craiova October 2009 Third Phase Romanian Programme: Dr A Camen - Helen Matras Award Winner



**Attendees at Craiova**

EACMFS with The National Association for Oral and Maxillofacial Surgery and University of Medicine and Pharmacy Craiova organized in 9-10th October 2009 – The 2nd Course – Third Phase of Romanian International Educational Programme.

Topics of course were: Reconstructive techniques in OMF Surgery; Pre-Implant Surgery; The sinus lift in implantology. Special topics in ablative surgery of the head and neck and reconstructive microvascular surgery were presented by Profs Testelin, Saftoiu, Acero, Bucur and Gorjanc

The course finished with a workshop about osteosynthesis and osseous reconstruction.

Before the closing ceremony, the Helena Matras Prize was awarded by Prof.Dr. Acero to Adrian Camen, trainee member.



**Adrian Camen with Prof.Dr. Acero**

### **Ferrara, November 2009 Report Dr Ricardo Tieghi**

*The Symposium "New Perspectives in Surgical and Functional Treatment of TMJ Disorders" was held in Ferrara, Italy November 6-7th, 2009.*

More than 200 participants coming from 27 countries worldwide were present especially from Eastern Europe, as a sign of the development and growing interest of our discipline in these countries. The spreading of the discipline in Eastern Europe is also one of the missions of EACMFS.

During the symposium all the aspects of TMJ problems were faced and discussed – from diagnosis to different surgical approaches. A stimulating discussion between the speakers and the participants had a very special role. In particular many questions were asked of Prof. Laskin probably, worldwide, the most known expert in this field.

These two days were supported by Stryker, for many years in partnership with EACMFS.

The TMJ Symposium was the 7th Continuing Educational Event organized by the Unit of Cranio-Maxillofacial Surgery of Ferrara, under the auspices of EACMFS and SICMF (Italian Association of Maxillofacial Surgery).



**Professor Acero during the opening ceremony paying tribute to late Professor John Lowry Sec General of the EACMFS**

### **Oyster Course Report Dr Joseph Muhammad**

Bruges' long-cherished tradition of offering medical care to the community first began in the 13th century. The original St John's Hospital, which is now a museum, was situated in the old city. It has been replaced by the modern 909-bed AZ Sint-Jan Hospital situated on the outskirts of Bruges.

A lot of the course was dedicated to time spent in the operating room. However, participants did have the opportunity to attend a facial makeover outpatient clinic and tour the Maxillo-Facial Surgery Department.

Both in the outpatient clinic and seminars participants were actively involved in the analysis of patients for whom facial makeover surgery was being planned. Assessments utilized clinical, photographic and radiographic data. Clinical assessments were made using the Bruges Anthropometry pro forma sheet. The opportunity to track patients through the various stages of the protocol developed for 3-D cephalometric planning was also useful. This consisted of taking impressions followed by photographs and cone beam computerized tomography (CBCT) patients.

New procedures such as the endoscopically-assisted mandibular sagittal split osteotomy were demonstrated. A variety of rhinoplasty access approaches were also demonstrated in the operating room and many of us had the chance to assist and do some surgery. Important surgical tips to avoid rhinoplasty disasters were also shared with the participants.

Revision rhinoplasty can be particularly demanding especially if the patient is male and has high expectations. CBCT was invaluable in shedding light on the causes of the aesthetic problem. A print out of the 3-D CBCT image of the face showed that there was a skeletal contribution to the underlying nasal deformity. The clinical impression was that the nasal tip had been taken to one side of the midline by the anterior nasal spine. However the CBCT revealed that the entire nasal pyramid had also been displaced. This meant that in addition to refashioning the anterior nasal spine the nasal pyramid was osteotomized and repositioned en bloc to achieve complete correction of this nasal facial deformity.

Indeed, the "Oyster Course" had met a growing demand from maxillofacial surgeons to increase both their clinical experience and exposure to facial makeover surgery.

## CLINICAL TRIALS AND APPLICATIONS

### A brief overview: Head and Neck Cancer Trial Results

**1. HPV Status Can Predict Outcome in Oropharyngeal Cancer** (Posted: 19/06/2009) - Patients with advanced oropharyngeal cancer are more likely to survive if their tumours are HPV positive than if they are HPV negative, according to findings presented at the 2009 ASCO meeting in Orlando.

**2. Cetuximab (Erbix®) Plus Chemo Extends Survival in Advanced Head and Neck Cancer** (Posted: 26/06/2007, Reviewed: 09/16/2008) - Patients with recurrent or metastatic squamous cell carcinoma of the head and neck who received cetuximab (Erbix®) in addition to standard chemotherapy lived about three months longer than those receiving chemotherapy alone, according to findings presented at the 2007 ASCO meeting in Chicago.

**3. Chemotherapy during Radiation Treatment Improves Outcomes in Nasopharyngeal Cancer** (Posted: 15/02/2006) - In this meta-analysis, researchers found that chemotherapy given during standard radiation treatment for nasopharyngeal cancer reduced the risk of death, and also of cancer recurrence, according to the Jan. 1, 2006, issue of the International Journal of Radiation Oncology, Biology, Physics.

**4. Cetuximab (Erbix®) Plus Radiation Beneficial for Patients with Head and Neck Cancer** (Posted: 05/06/2004, Updated: 13/02/2006) - Compared to radiation alone, cetuximab plus radiation therapy can nearly double the median survival in patients with a certain kind of head and neck cancer that has not spread to other parts of the body, according to the Feb. 9, 2006, issue of the New England Journal of Medicine.

**5. Oxaliplatin (Eloxatin®) Plus Radiation Superior in Advanced Nasopharyngeal Cancer** (Posted: 02/11/2005) - Patients with locally advanced nasopharyngeal cancer who received oxaliplatin (Eloxatin®) during their initial treatment with radiotherapy did significantly better than those receiving radiation alone, according to a report published online Oct. 17, 2005, by the Journal of Clinical Oncology.

**6. Frozen Glove Reduces Skin and Nail Damage from Docetaxel Chemotherapy** (Posted: 01/08/2005) - Patients who wore an experimental "frozen glove" to keep their hands very cold during intravenous chemotherapy with docetaxel (Taxotere®) had much less subsequent damage to the nails and skin of their hands, according to a study published in the July 1, 2005, issue of the Journal of Clinical Oncology.

**7. Vitamin E Does Not Help Head and Neck Cancer Patients** (Posted: 01/08/2005) - A large randomized study of patients treated with radiation therapy for head and neck cancer found that vitamin E supplements did not prevent the occurrence of second primary tumours and may be associated with an increased risk of cancer recurrence. The results demonstrate that vitamin E supplements are not beneficial to patients with stage I or II head and neck cancer.

## FOR YOUR DIARY



**Date: XX CONGRESS 14-17 SEPT 2010**  
**Venue: BRUGES, BELGIUM**

**Date: XXI CONGRESS 11-15 SEPT 2012**  
**Venue: DUBROVNIK, CROATIA**  
**President: Prof Miso Virag**



**Team Building!!**  
**13th Croatian Sailing Trip**

### Any questions?

Please contact the Secretariat: Jill McFarland at [secretariat@eacmfs.org](mailto:secretariat@eacmfs.org)

### ...and finally!

Remember that full details of all membership categories, how to join EACMFS, application forms for scholarships, prizes and fellowships etc. and much more can be found on our website at: [www.eurofaces.com](http://www.eurofaces.com)

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*Compiled and edited by Dr Nicholas Kalavrezos and Mrs Jill McFarland.*